

BY-LAWS

OF

QUEENSLAND
SYNCHRONIZED SWIMMING INC



Revised 11th June 2009

A. Exemption from By-Law

1. Request for exemption from any by-law **must** be in writing to the Management Committee. The decision will be voted on by the Management Committee, excluding the person making the request or a family member of that person. A request for exemption due to illness or injury must be in writing and accompanied by a doctor's certificate.

B. Management Committee

1. The Management Committee shall consist of the President, Vice- President, Secretary, Treasurer and Registrar, plus one delegate from every club, with not more than two members from any one club. On occasions when the nominated delegate is unavailable, the club may choose and send a replacement.

C. Association Colours

1. The colours of this association shall be maroon and white.

D. Affiliation

1. A bona fide Synchronized Swimming Club, to affiliate or re-affiliate with this association:
 - a) Must number not fewer than ten (10) members, six (6) of whom must be participating swimmers. A participating swimmer is a swimmer who is actively participating in the sport of Synchronized Swimming (competition, displays, star awards, club synchronized swimming activities)
 - b) "Competing" members must be "eligible to compete" as defined by FINA. (GR 1.1)
 - c) Must pay to this association the annual subscription prescribed by this association, along with the appropriate completed affiliation form.
 - d) Must ensure that no member is registered with more than one club and that no swimming member shall represent more than one club in interclub or championship competitions.
 - e) Must have in its constitution, objects similar to this association.
2. The affiliation fees for the forthcoming season shall be set at the second monthly meeting following the setting of the Synchronized Swimming Australia Inc affiliation fee.
3. Clubs re-affiliating for the coming season must do so on or before the first day of July each year.

E. Registration

1. The registration fees for the forthcoming season shall be set at the second monthly meeting following the setting of the Synchronized Swimming Australia Inc registration fees.

2. Registrations must be made on the prescribed form. The date of birth must be included for all swimming members and proof of age sighted and relevant section signed by a club official.
3. Each affiliated club or association must register the names of all its members with this association on or before the first day of July each year. Supplementary lists must be forwarded monthly, on a separate form.

F. Club Transfers

1. Swimmers desiring a transfer to another club must submit a club transfer form (appendix A) to their current club. The original club will forward the completed form to the QSSI registrar within 14 days of receipt. The transfer becomes effective when the completed form verifying no financial encumbrance is received by the QSSI registrar.

G. Meetings

1. To vote at any meeting of this association, a person must be 18 years of age or over.
2. The use of proxy votes at any general meeting is restricted to one (1) per voting-age member present.

PLEASE NOTE: Rules relating to all competitions must be read in conjunction with the current By-Laws of SSAI

H. Competition

1. The Meet Manager will be elected at the Annual General Meeting.
2. All swimmers must be registered and financial members prior to entering in QSSI competitions. Swimmers registered with another state or country shall compete as visitors.
3. Competitions will be conducted according to the latest SSAI / FINA Rules, except as they may be varied elsewhere in these By-Laws.
4. Nominations, on the prescribed form(s), must be received by the Competition Secretary at least 14 days prior to the competition date. Late nominations will only be accepted up to seven (7) days prior to the competition date. Clubs will be invoiced by QSSI according to the nomination form and payment of nomination fees is required before the commencement of the competition.
5. Any club entering a competition must nominate at least one (1) judge or learner judge for the competition. Judges names are to be submitted to the judging co-ordinator at least two weeks prior to the competition. Clubs are encouraged to have at least two (2) judges or learner judges at each competition.

6. Clubs are required to submit official's names and requested roles to the volunteer co-ordinator at least two weeks prior to the competition date. The volunteer co-ordinator will supply a roster of volunteers and officials from the officials names supplied, and competitor nominations to clubs at least one week prior to the competition date. Clubs are responsible to ensuring that all officials and competitors families allocated roles, are aware of their duties
7. Queensland Competitions shall consist of
- | <u>Competitions</u> | <u>Events</u> |
|---------------------|---------------------------------------|
| 12 Years and Under | Solo, Duet, Team and Free Combination |
| 13 14 15 Years | Solo, Duet, Team and Free Combination |
| Junior | Solo, Duet, Team and Free Combination |
| Open Technical | Solo, Duet, Team |
| Open Free | Solo, Duet, Team and Free Combination |
| Grade | Solo, Duet, Team and Free Combination |
8. Age Group and Grade competitions shall consist of two (2) sessions (Age Group figures as per the FINA listing or Grade listing, appendix B, and routine).
9. Open competitions shall consist of two (2) sessions (FINA Junior figures, and Technical Routine or FINA Junior figures and Free Routine).
10. Percentage breakdown for Events:
- | <u>Competition</u> | <u>Solo / Duet</u>
<u>Figures / Tech / Free</u> | <u>Team / Free Combination</u>
<u>Figures / Tech / Free</u> |
|--------------------|--|--|
| 12 Years and Under | 50% / 0% / 50% | 0% / 0% / 100% |
| 13 14 15 Years | 50% / 0% / 50% | 0% / 0% / 100% |
| Junior | 50% / 0% / 50% | 0% / 0% / 100% |
| Open (Free) | 50% / 0% / 50% | 0% / 0% / 100% |
| Open (Technical) | 0% / 50% / 50% | 0% / 0% / 100% |
| Grade | 50% / 0% / 50% | 0% / 0% / 100% |
11. If required for selection purposes (State or National), eligible competitors may participate in the figure session for a higher age group.
12. Competitors competing in Team or Free Combination ONLY must compete in their relevant Age group figure competition or the figure competition relevant to the competition in which the Team or Free Combination is entered.
13. Grade competition routine total time limits are +/- 15 seconds with the exception of Grade Free Combination where no +/- time limit applies.
14. For all Age Group competitors, competition age for the competitive season (ending with Australian Championships) is their age as at 31st December of the final year of the season.
15. Senior Grade competition is as per Grade competition however competitors are over 18 years of age. Any Grade Duet, Team or Free Combination with a Senior Grade competitor must compete in the Senior Grade competition.
16. All swimmers must compete in at least 50% of competitions during the season to be eligible to compete in the Queensland Championships.
17. Alternates (maximum two (2)) are permissible for Teams of eight (8) and Free Combinations of ten (10).
18. For all competitions, all place-getters will be awarded a ribbon. Routines with member numbers not in accordance with the current rules will be permitted to swim in their event (with the variation being announced at the time of the event), will not be eligible for

a place in the event but will be awarded a Participation ribbon if they would have otherwise been placed.

19. For Open and Age Group Championships, all place-getters will be awarded a medal. Routines not eligible to compete in the Championships may compete in Competition being held in conjunction with the Championships. If not all competitors are eligible, a Team or Free Combination may be entered in the Championships with the qualified competitors only, and also in the competition being held in conjunction with the Championships, with all team members.
20. For Grade Championships, all place-getters will be awarded trophies. Routines not eligible to compete in the Championships may compete in Competition being held in conjunction with the Championships. If not all competitors are eligible, a Team or Free Combination may be entered in the Championships with the qualified competitors only, and also in the competition being held in conjunction with the Championships, with all team members.
21. For all competitions, all place-getters will be awarded a ribbon for the Figure sessions.
22. For Open and Age Group Championships, the First placed competitor in the Figure sessions, shall be awarded the Perpetual Figure Trophy. Other place-getters shall be awarded a ribbon.
23. For Grade Championships, the First placed competitor in the Figure sessions, shall be awarded trophies. Other place-getters shall be awarded a ribbon.
24. Age or Open Teams (no figures attached), may contain four (4) to eight (8) Age (FINA or SSAI age limits restrictions DO NOT apply) and grade competitors. The oldest age group / Open competitor would determine the Open or Age Team competition. Competitors competing in Team ONLY must compete in their relevant age group / grade figure competition.
25. Grade Teams (no figures attached), may contain four (4) to eight (8) Grade and Age (FINA or SSAI age limit restrictions DO NOT apply) competitors; however the number of Grade competitors must exceed 50%. Competitors competing in Team ONLY must compete in their relevant grade / age group figure competition.
26. Age or Open Free Combinations (no figures attached), may contain three (3) to ten (10) Age (FINA or SSAI age limit restrictions DO NOT apply) and grade competitors. The oldest age group / open competitor would determine the Open or Age Free Combination competition. Competitors competing in Free Combination ONLY must compete in their relevant age group / grade figure competition.
27. Grade Free Combination (no figures attached), is a stand alone event. It may contain three (3) to ten (10) Grade and Age (FINA or SSAI age limit restrictions DO NOT apply) competitors; however the number of Grade competitors must exceed 50%. Competitors competing in Free Combination ONLY must compete in their relevant grade / age group figure competition. Time limit for Grade Free Combination is two (2) to four (4) minutes.
28. Senior Grade competition is as per Grade competition however competitors are aged over 18 years of age. Any Solo, Duet, Team or Free Combination team with a Senior Grade competitor must compete in the Senior Grade competition. Competitors competing in Team or Free Combination ONLY must compete in their relevant grade / senior grade / age group figure competition.

29. A Team or Free Combination must compete in EITHER Age and Open competition/championships or Grade competition/championships.

I. State Competition

1. State Age and Open Championships shall consist of:

12/U	Figures	Solo	Duet	Team	Free Combination
13/14/15	Figures	Solo	Duet	Team	Free Combination
Junior	Figures	Solo	Duet	Team	Free Combination
Open Technical	Junior Figures	Solo	Duet	Team	
Open Free	Junior Figures	Solo	Duet	Team	Free Combination

2. Grade Championships shall consist of:

Grade One	Figures	Solo (45 seconds)	Duet (1 minute)
		Trio (1½ minutes)	Team (1½ minutes)
Grade Two	Figures	Solo (1 minute)	Duet (1½ minutes)
		Trio (2 minutes)	Team (2 minutes)
Grade Three	Figures	Solo (1½ minutes)	Duet (2 minutes)
		Trio (2½ minutes)	Team (2½ minutes)
Grade Four	Figures	Solo (2 minutes)	Duet (2½ minutes)
		Trio (3 minutes)	Team (3 minutes)
Grade Free Combination (2 to 4 minutes (+/- 15 seconds does not apply))			

3. Senior Grade Championships shall consist of:

Senior Grade One	Figures	Solo (45 seconds)	Duet (1 minute)
		Trio (1½ minutes)	Team (1½ minutes)
Senior Grade Two	Figures	Solo (1 minute)	Duet (1½ minutes)
		Trio (2 minutes)	Team (2 minutes)
Senior Grade Three	Figures	Solo (1½ minutes)	Duet (2 minutes)
		Trio (2½ minutes)	Team (2½ minutes)
Senior Grade Four	Figures	Solo (2 minutes)	Duet (2½ minutes)
		Trio (3 minutes)	Team (3 minutes)
Senior Grade Free Combination (2 to 4 minutes (+/- 15 seconds does not apply))			

Grade figure list is appendix B (attached at end of by-laws)

J. Selection

1. When necessary, all clubs shall nominate one selector, and a selection panel of three (3) will be appointed by the management committee. No two (2) selectors shall be from the same club.
2. Selections will be programmed when and if necessary. If a selection meet is not held, the prospective representatives must have competed in the desired **events** within the current season and the selectors shall use these competition results to assist in their deliberations.

3. For other than Team Events, a swimmer must compete in the **event** in the designated selection meet for which she is trying out for selection to join the Queensland representative squad to compete at a specified competition or participate in a special event. Selectors may at their discretion select one member of a duet to compete as a solo if one member of the duet is unable to participate in the upcoming competition or event. Selectors may at their discretion, select a duet if insufficient members of a team are able to participate in the upcoming competition or event.
4. Members of the Australian Team who have represented Australia during the current or previous season are eligible for selection to any competition or event, whether or not they compete in the selection meet.

K. Australian Championships

1. Queensland swimmers must be nominated by their club and have their nomination ratified by the QSSI management committee.
2. Queensland swimmers must compete in the Queensland Age and Open Championships or Grade Championships to be eligible for Australian Championships unless exemption has been granted (By-law A1) or they are members of the Australian team and have represented Australia in the current season.
3. QSSI to ensure that competitors are correctly registered and competing in the correct age and Division and that all club nominations are correct according to FINA and SSAI rules.
4. Judges are nominated to QSSI judging co-ordinator by their club. Judging co-ordinator advises QSSI management committee of nominations, and nominations are ratified. Queensland judges are nominated by QSSI to SSAI.

L. Overseas Competitions

1. Swimmers must have competed in previous State Championships to be eligible to represent Queensland in overseas competition, with clearance obtained from both State and National bodies.
2. If the State Representative Team visit involves overseas travel, the responsibility for a swimmer or other representative obtaining a passport is with the individual. If visas are required, the individual passports must be in the hands of the Representative Team Manager in sufficient time to allow for the team obtaining the required visas as a group.

M. Interstate Competitions

1. Swimmers must obtain clearance from QSSI management committee in order to represent their club in an interstate competition.

N. Awards and Grants

1. The Management Committee will decide upon the ranking for any awards or grants, based on factored competition results.

O. Annual Perpetual Trophies

1. Annual perpetual trophies are awarded for the Queensland season (1st competition through to and including State Championships). Calculations only apply to QSSI competitions and Championships. All trophies are calculated with consideration of all QSSI competitions and Championships, except where stated.

2. Figure trophies are to be awarded to the competitor with the highest score in the Open and Age Championships in the following categories:

- Open
- Junior
- 13 14 15 Years
- 12 Years and Under

These trophies are to be in the form of a perpetual trophy and a small replica is to be awarded.

3. Most improved Figure trophies are to be awarded in two categories

- Grade
- Open and Age

These trophies will be in the form of a perpetual trophy and a small replica is to be awarded.

a. All competition results except one are considered for the calculation of the greatest improvement (therefore a competitor who does not compete in two or more competitions is ineligible).

b. The competition excluded may be due to the competitor not competing, or by excluding that competition in the calculations to achieve eligibility or the highest result for the competitor.

c. A competitor who decreases score during the season (exception in a competition which may be excluded in the calculation) is considered ineligible for the trophy.

d. Competitors MUST compete in the State Championships to be eligible for this trophy (however this result may be excluded in the calculations if applicable).

4. Recreation Trophy.

This perpetual trophy is awarded to the Club with the highest total when the points tally is divided by the number of swimmers (recreational and competitive) who have participated in competitions (totalled for all competitions).

Points are awarded on the following basis

- 5 points per swimmer in any display at a competition (excluding displays at Nationals)
- 5 points per swimmer in a routine or display at any interclub competition that all clubs are invited to.
- 5 points per star test conducted at a competition
- 3 points per star test conducted at a club
- 1 point per swimmer that participates in fun activities at a competition

5. Volunteers

All volunteers (including judges and other officials) are to sign the volunteer register at each competition.

All volunteers (including judges and other officials) are to be presented a volunteer certificate of appreciation at the Annual Presentations.

6. Totals

The competition secretary keeps a running record of results required for

- Most Improved Figure Trophy
- Recreation Trophy

Judges will provide to the competition secretary details of any star tests conducted at clubs required for the Recreation Trophy.

Competition secretary will keep volunteer register to ensure all volunteers are presented with their certificate of appreciation at the Annual Dinner.

P. Star Tests

1. Star tests may be conducted at a club or at a competition.
2. Swimmers may only complete star tests in chronological order, beginning with Star One (1).
3. A swimmer must pay the relevant fee to QSSI before a star test can be conducted. The assessing judge will present the Star pin to those who successfully complete their star test.
4. Star testing must be conducted by a judge with a minimum two (2) years judging at State level and must be a member of a different Club to that of the swimmers being tested.



QSSI CLUB TRANSFER FORM

SWIMMER TO COMPLETE

I

wish to apply for a Financial clearance so that I may transfer from

Synchronized Swimming Club to

Synchronized Swimming Club.

Date submitted to original club

Signed (Parent / guardian to sign if s
Under 18 years of age)

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ORIGINAL CLUB TO COMPLETE

(Club to complete and forward to QSSI registrar within 14 days of receipt)

I, Secretary / Treasurer of

Synchronized Swimming Club verify that

There is no financial encumbrance.

There is a financial encumbrance. Swimmer is requested to resubmit transfer form when financial commitments are cleared.

Date sent to QSSI registrar

Signed Secretary / Treasurer

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QSSI REGISTRAR TO COMPLETE

Date transfer received

Swimmer and New Club advised transfer not successful due to financial encumbrance. Transfer request to be resubmitted on new form when financial commitments are cleared.

Swimmer and New Club advised date of transfer is

QSSI registration records amended to show club transfer.

Date SSAI registrar notified of transfer of club

QSSI GRADE FIGURES 2009

GRADE ONE

1.	G	Front Layout	1.1	BP 2
	G	Propeller	1.0	In a back layout position with arms above head sculling to travel feet first.
2.	G	Back Layout	1.0	BP 1
	G	Rotary Kick	1.1	On their front with the body angled 45°, travel forwards using rotary kick with head out and hands forward and together at surface (no sculling).
3.	G	Foot First Scull	1.0	In a back layout position , arms by side (hands under body or to side) sculling to travel feet first.
	G	Front Flutter (head in or out)	1.0	On their front with the body angled 45° kicking beneath the surface with no splash. Head may be in our out. Hands forward and together at surface (no sculling).
a.	G	Sailboat	1.2	BM 1 (1 and 2 only) and BM 2 (2 only)
	310	Somersault Back Tuck	1.1	310
b.	G	Somersault Front Tuck	1.2	310 (however somersault is executed in forward direction only).
	G	Pretzel Turning 360	1.3	From a back layout position , the pretzel position (hips rotate to allow front leg to bend and foot touch knee of back leg, with back leg bent to same angle with all legs, knees and feet to be at surface) is assumed (not via tub). A rotation of 360° on the surface is executed travelling in the direction of the front knee. A back layout position is resumed.
c.	G	Tub Turning 360	1.1	From a back layout position , as the body remains stationary, both feet and knees are drawn along the surface to assume a tub position . A rotation of 360° is executed and a back layout position is resumed.
	303	Somersault Back Pike	1.5	See FINA manual for figure 303

Grade One Solo 45 seconds

Grade One Duet 1 minute

Grade One Trio 1½ minutes

Grade One Team 1½ minutes

Mixed Grade Free Combination 2 to 4 minutes

One numerical and one alphabetical group are drawn for each competition.

Positions are held for a count of six to eight (only position is judged).

Propulsions – sculls and kicks are to start prior to the first judge and finish after passing the last judge (judging includes body positions, transitions, clarity, definition, height, uniform motion and travel).

BP is body positions as in FINA manual.

BM is basic movements as in FINA manual.

Numbers (three digits or more) indicate figure numbers as in FINA manual.

Single numbers indicate numbers within the rule description of a figure as in FINA manual.

Bold indicates BP in FINA manual.

Italic indicates BM in FINA manual.

QSSI GRADE FIGURES 2009

GRADE TWO

1.	G	Inverted Tuck Position	1.1	BP 9 (shins are perpendicular to the surface).
	G	Side Eggbeater Travel	1.1	Body upright with arms at surface (no sculling). Use eggbeater kick to travel one sideway direction.
2.	G	Reverse Propeller	1.2	In a back layout position with arms above head sculling to travel head first.
	G	Front Pike pull down	1.1	BM 3
3.	G	Alligator scull	1.0	In a front layout position with the arms above the head sculling to travel head first with the head and feet at the surface.
	G	Split Position Walkout to Back Layout	1.1	From a split position , a <i>walkout front</i> is executed to a back layout position
a.	320	Somersault Front Pike	1.7	320
	G	Sailboat Alternate	1.2	BM 1 (1 and 2 only) and BM 2 (2 only) Procedure is repeated with alternate leg.
b.	311	Kip	1.8	311
	310	Somersault Back Tuck	1.1	310
c.	101	Ballet Leg Single	1.6	101
	303	Somersault Back Pike	1.5	303

Grade Two Solo	1 minute	Grade Two Duet	1½ minutes
Grade Two Trio	2 minutes	Grade Two Team	2 minutes
Mixed Grade Free Combination	2 to 4 minutes		

One numerical and one alphabetical group are drawn for each competition.

Positions are held for a count of six to eight (only position is judged).

Propulsions – sculls and kicks are to start prior to the first judge and finish after passing the last judge (judging includes body positions, transitions, clarity, definition, height, uniform motion and travel).

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Italic indicates BM in FINA manual.

QSSI GRADE FIGURES 2009

GRADE THREE

1.	G	Reverse Propeller	1.2	In a back layout position with arms above head sculling to travel head first.
	G	Submerged Flamingo position to Sailboat	1.4	324 (2 (position) to 4 only)
2.	G	Crane position to Vertical position	1.4	From a Crane position the horizontal legs are lifted to form a Vertical position (322 Subalina 2 (position only) and 3)
	G	Front Flutter (chin dry)	1.2	From a front layout, the body is angled 45° to kick with no splash. Head out with chin dry. Hands forward and together at surface (no sculling).
3.	G	Vertical position and Descent	1.4	BP 6 and BM 9
	G	Spin 180°	1.3	BM11 (4d) – to heels reach surface only
a.	344	Neptunus	1.8	344
	401	Swordfish	2.0	401
b.	320	Somersault Front Pike	1.7	320
	301	Barracuda	2.0	301
c.	360	Front Walkover	2.1	360
	311	Kip	1.8	311

Grade Three Solo

1½ minutes

Grade Three Duet

2 minutes

Grade Three Trio

2½ minutes

Grade Three Team

2½ minutes

Mixed Grade Free Combination

2 to 4 minutes

One numerical and one alphabetical group are drawn for each competition.

Positions are held for a count of six to eight (only position is judged).

Propulsions – sculls and kicks are to start prior to the first judge and finish after passing the last judge (judging includes body positions, transitions, clarity, definition, height, uniform motion and travel).

BP is body positions as in FINA manual.

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Numbers (three digits or more) indicate figure numbers as in FINA manual.

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QSSI GRADE FIGURES 2009

GRADE FOUR

1.	G	Vertical Position Full Twist	1.4	BP 6 and BM 10 - 4b (no descent)
	G	Ballet Leg to Flamingo Position	1.3	130 (1 and 2 only)
2.	G	Spin 360	1.4	BM11 (4e) – to heels reach surface only
	G	Split to Split (Ariana rotation)	1.1	423 – 1 from position and 2
3.	G	Front Layout to Side Fishtail Position	1.2	346 – 1 and 2 (to Side Fishtail Position only).
	G	Ballet Leg to Crane to Ballet Leg (<i>Catalina and Catalina Reverse rotations</i>)	1.7	BM 6 and BM 7
a.	344	Neptunus	1.8	344
	311c	Kip Twirl	2.3	311c
b.	324	Ballerina	2.0	324
	401	Swordfish	2.0	401
c.	306d	Barracude Bent Knee Spinning 180°	2.1	306d
	355	Porpoise	1.9	355

Grade Four Solo	2 minutes	Grade Four Duet	2½ minutes
Grade Four Trio	3 minutes	Grade Four Team	3 minutes
Mixed Grade Free Combination	2 to 4 minutes		

One numerical and one alphabetical group are drawn for each competition.

Positions are held for a count of six to eight (only position is judged).

Propulsions – sculls and kicks are to start prior to the first judge and finish after passing the last judge (judging includes body positions, transitions, clarity, definition, height, uniform motion and travel).

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